



# **Strength & Conditioning Coach**

# **Postgraduate Studentship Opportunity**

Hartpury Sports Academy are looking for an enthusiastic and committed individual to help lead on the delivery of strength and conditioning services to our Academy teams

The Postgraduate Studentship offers a part-funded place (£3000) on our MSc Strength & Conditioning degree. The ideal candidate for this role will be someone who appreciates and understands the importance of embedding research into practice within the areas of strength and conditioning

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#### Studentship responsibilities will include the following:

- Assisting with a Sports Academy programme in the area of strength & conditioning
- Lead the daily running of the S&C sessions and assist with the long-term planning of physical development of the athletes
- Consult with senior management on a weekly basis to ensure best practice and objectives are met
- The Sports Academy would require 12 hours a week commitment distributed between gym, field training, matches, meetings and administrative duties. These hours will be embedded into your workload from the taught modules that you will undertake. The exact session timings will be dictated by which team you will be working with
- Completing your postgraduate research project alongside our university strategic direction with the aim of actively contributing to our evolving postgraduate research and knowledge exchange community and impacting our applied Sports Academy provision.

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#### **Person specification**

- Preferably a 2.1 undergraduate degree in strength & conditioning orrelated sports science field (although this is open to discussion based on application)
- · Experience in strength and conditioning
- Excellent inter-personal and communication skills and ability to deliver a variety of face-face sessions
- Ability to work a part of a team, and to lead and coordinate others where appropriate.

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#### Studentship benefits

- · Partial funded tuition on our MSc Strength & Conditioning degree
- · Involved with one of the most successful educational and sporting programmes in the UK
- · Access to world-class sports science facilities to aid in your development as a coach
- Gym membership for the Sports Academy and coaching kit/resources
- Regular mentoring, observations and feedback from our experienced S&C conditioning coaches
- · CPD through internal / external workshops and presentations



At Hartpury, we firmly believe you can achieve academically whilst performing within our sports academies. In ensuring that all Postgraduate Studentship recipients achieve their academic potential, all students are required to adhere to academic regulations and meet the expectations set out in our Hartpury University Academy Scholarship document. Such expectations include attendance, engagement, application, values, behaviour (on and off campus) and athletic performance.

To apply for the Postgraduate Studentship:

Please scan the QR Code and complete the application form

To inquire further into this Studentship:

Please contact, Dr Martin Longworth, Senior Lecturer in Sports Coaching, Martin.Longworth@hartpury.ac.uk

Closing date: Monday 28th April 2025

